

EGD INSTRUCTIONS (Upper Chesapeake Hospital)

Patient Name: _____ DOB: _____

Blood Thinning Medication Instructions: Before stopping the following medications, please discuss with your prescribing provider:

- 7 Days Prior to Exam: Stop taking the following: *Brillinta (ticagrelor)* ~ *Effient (prasugrel)*.
- 5 Days Prior to Exam: Stop taking the following: *Coumadin (warfarin)* ~ *Plavix (clopidogrel)* *Aspirin 325mg*.
- 2 Days Prior to Exam: Stop taking the following: *Pradaxa (dabigatran etexilate)* ~ *Eliquis (apixaban)* ~ *Xarelto (rivaroxaban)*.
- Aspirin 81mg DOES NOT have to be discontinued.

1 Day Prior to Exam: _____.

- **Do Not** eat or drink anything after MIDNIGHT the night prior to your exam.
- For procedures scheduled at 2:00 pm or later, you may have a clear liquid diet until 8:00 am. Nothing by mouth after 8:00 am.

Day of Exam: _____.

- You can take Heart, Blood Pressure, Seizure medications, and Inhalers. Please take these medications with a small amount of water at least 2 hours prior to your arrival time.

Arrive at _____ am/pm.

Please go to:

**Upper Chesapeake Klein Ambulatory Care Center
520 Upper Chesapeake Drive
Bel Air, MD 21014 • 443.643.4700**

Please bring your Insurance Card (s) and Photo ID on the day of your procedure. You MUST be accompanied by a responsible ADULT that will stay and transport you home from the facility. If your companion is not on site your procedure will be cancelled. A cab, Uber service or any other public transportation is NOT acceptable.

Please do not wear jewelry or bring valuables to the Center on the day of your procedure.
If you must cancel this appointment, please give a 72-hour notice.